Mr Booth’s Head of Year Message

Year 7, Week 4

Hello all,

I hope everyone is managing ok. Keep going everyone, being patient is really important and something we all need to remember at the moment.

How can I help someone else this week?

1. If you are struggling to keep up with your work – **Do not worry**... This is normal and is not a problem. Please let me know if you think we can help as there is always a way out of a problem.
2. Try to stick to a routine to get things done each day as this can help you stay on top of stuff. As I said last week, try to include some time to be active as well.
3. Remember to be kind and positive as this can help those around you.
4. Stay safe online – really important. Keep in contact with friends but be kind and report any nasty or inappropriate messages or content.

5. Mrs Cartledge's weekly reviews are attached with some very interesting ideas and things to reflect on.

Have a good rest of the week,

Mr Booth